

DOI: <https://doi.org/10.56936/18290825-2.v19.2025-132>**A MULTIDIMENSIONAL STUDY OF THE IMPACT, ACTUAL PERCEPTION, AND EXPERIENCE OF COVID-19 AMONG ARMENIAN YOUTH AND ADULTS****LOKYAN A.B.<sup>1</sup>, AVANESYAN H.M.<sup>2</sup>, MURADYAN M.D.<sup>1</sup>, HOVHANNISYAN S.V.<sup>1,2\*</sup>, ZILFYAN A.V.<sup>3</sup>, AVAGYAN S.A.<sup>3</sup>**<sup>1</sup> Psychology Research Center, Yerevan State University, Yerevan, Armenia<sup>2</sup> Department of General Psychology, Yerevan State University, Yerevan, Armenia<sup>3</sup> Scientific Research Center, Yerevan State Medical University, Yerevan, Armenia*Received 25.11.2024; Accepted for printing 28.03.2025***ABSTRACT**

*Among the unprecedented transformations taking place in Armenia, significant roles have been played by the recent armed conflict on the borders and COVID-19 (Coronavirus). In the context of these developments, the youth, in particular, is considered more vulnerable, as their direct perceptions and experiences of overcoming these events greatly influence the future existence and the viability of all layers of society, especially its adult population.*

*The purpose of this research is to study the impact of COVID-19, its overcoming experience, and real perceptions among the youth and adult population of Armenia from a multi-dimensional and international perspective. To achieve this goal, the research group has gathered relevant data in Armenia to contribute to the dissemination of knowledge regarding this unprecedented interdisciplinary experience, the potential application of new measures against COVID-19, and the provision of reliable psychometric and methodological evidence concerning the effectiveness of measurement tools at both national and international levels.*

*In general, the timeliness and relevance of this study on the impact of COVID-19 on the youth and adult population of Armenia are determined by several key factors. First, the long-term effects of COVID-19, which have affected not only the physical health of the population but have also led to serious socio-economic and psychological consequences that persist even after the peak of the pandemic. The second factor, the issue of ensuring full protection for the adult population, whose comprehensive research could uncover barriers to insufficient vaccinations, propose strategies for overcoming these barriers, and offer new, more rational measures and recovery programs against the pandemic. The third factor emphasizing the relevance of this study is that discovering the real perceptions of the pandemic's impact on different age groups will provide the opportunity to develop and implement more effective socio-psychological support measures, educational, and medical programs.*

*Thus, it can be concluded that the study of this topic is not only scientifically grounded but also of great practical significance in addressing the gaps in the post-pandemic recovery of Armenian society and developing universal strategies for countries similar in population and size.*

**KEYWORDS:** Covid-19 (coronavirus), impact, experience, mental health, youth, adults, survey scale, actual perception, social-psychological consequences.

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